

# CHAPTER 19 Advanced Hair Removal

Date: \_\_\_\_\_

Rating: \_\_\_\_\_

## SAFETY AND DISINFECTION FIRST

Answer the following questions.

1. During a hair removal procedure, when should you wear gloves?

\_\_\_\_\_  
\_\_\_\_\_

2. If a client has a history of the herpes virus, what should the client do?

\_\_\_\_\_  
\_\_\_\_\_

3. Genital warts are a viral infection caused by the human papilloma virus. If you see this condition on a client who comes in for a bikini wax, what should you do?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Why is pregnancy a contraindication for a hair removal treatment?

\_\_\_\_\_

## HIRSUTISM AND HYPERTRICHOSIS

1. What is the difference between hypertrichosis and hirsutism?

Hypertrichosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Hirsutism: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. What are causes of hypertrichosis?

- Congenital (acquired from birth)
- \_\_\_\_\_ independent
- Natural life occurrences, for example \_\_\_\_\_

- \_\_\_\_\_ to certain medical procedures
- Result of some \_\_\_\_\_ treatments
- Reaction to certain \_\_\_\_\_ , especially \_\_\_\_\_

3. What are causes of hirsutism?

- \_\_\_\_\_ inherited
- \_\_\_\_\_ dependent
- Diseases and disorders of the \_\_\_\_\_ system

4. What is the rare disorder of female clients with a beard called?

\_\_\_\_\_ Syndrome, and her “beard” is \_\_\_\_\_

## THREADING

1. Fill in the blanks in the following questions with the words from the word bank.

banding	khite
faster rate	looped and twisted
fatlah	skin

- Threading is also known as \_\_\_\_\_.
- Threading is a method of hair removal that uses a \_\_\_\_\_ cotton thread maneuvered by the technician’s fingers.
- Threading does not cause trauma to the \_\_\_\_\_.
- In Arabic, threading is known as \_\_\_\_\_ and, in Egyptian, \_\_\_\_\_.
- Threading is mass tweezing but is accomplished at a much \_\_\_\_\_ than tweezing.

2. Explain the preparation of equipment and treatment area:

---



---



---

3. Explain how you should prepare a client for a treatment:

---



---



---



---

4. How long should the thread be? \_\_\_\_\_

## SUGARING

Answer the following questions.

1. Where has sugaring been used for centuries? \_\_\_\_\_  
\_\_\_\_\_

2. How long does the hair need to be? \_\_\_\_\_

3. What is the downside to sugaring? \_\_\_\_\_

4. What is the benefit to the spatula-applied method? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Explain how the sugar paste should be applied to the skin:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. What are the benefits of sugaring?

a. \_\_\_\_\_

b. \_\_\_\_\_  
\_\_\_\_\_

c. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

d. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

e. \_\_\_\_\_

f. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

g. \_\_\_\_\_  
\_\_\_\_\_

h. \_\_\_\_\_

- i. \_\_\_\_\_  
\_\_\_\_\_
- j. \_\_\_\_\_  
\_\_\_\_\_
- k. \_\_\_\_\_
- l. \_\_\_\_\_
- m. \_\_\_\_\_

## **HARD WAX**

Answer the following questions.

1. Why did hard wax make a comeback? \_\_\_\_\_  
\_\_\_\_\_
2. What should the temperature be on the hard wax warmer?  
\_\_\_\_\_
3. Depilatory waxes are often made up of beeswax, candelilla wax, and \_\_\_\_\_.
4. How should strip wax be applied? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **SOFT WAX**

Answer the following questions.

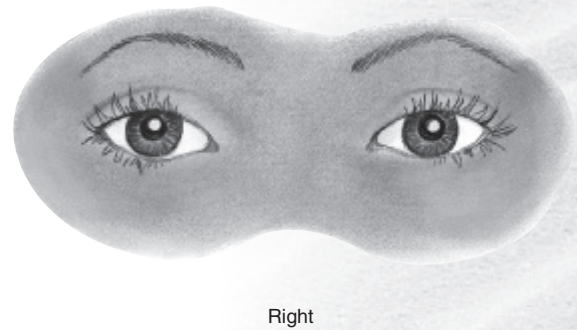
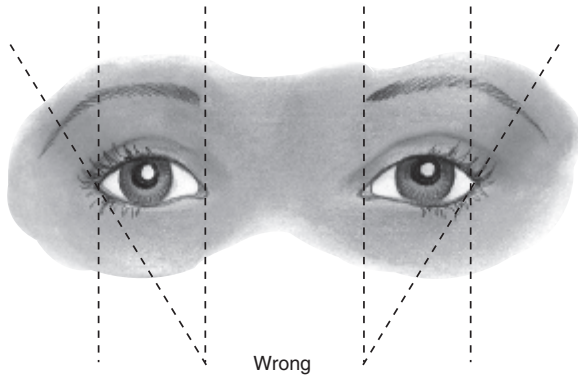
1. Why is soft wax the most popular method? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. What are some soothing ingredients found in soft wax? \_\_\_\_\_  
\_\_\_\_\_
3. Why would a client experience small pustules a few days after a lip wax?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. What type of treatment would help ingrown hairs? \_\_\_\_\_



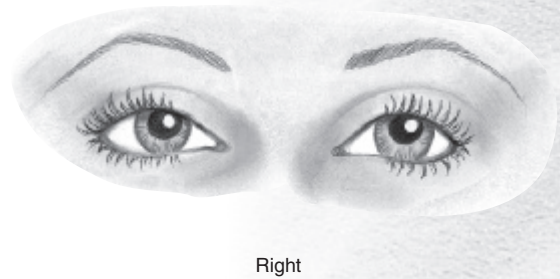
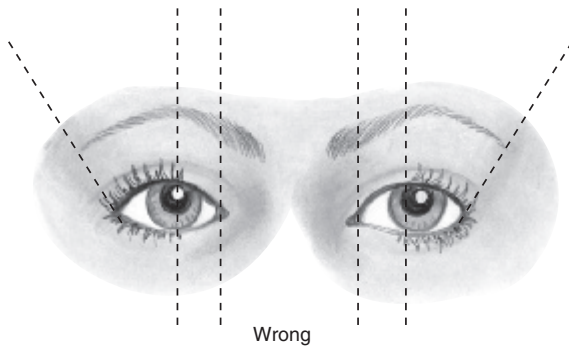
## ADVANCED FACIAL WAXING

Answer the following questions.

1. On the illustration below, mark the direction you would measure for the beginning, arch, and end of the eyebrow.



2. Draw the correct eyebrows on the face shape.



3. What type of wax is better for waxing the sides of the face and why?

---

---

## SPEED WAXING AND BODY TECHNIQUES

Answer the following questions.

1. How is speed waxing accomplished?

---

---

2. In order to be an effective speed waxer, what should you do first?

\_\_\_\_\_

3. What is the most effective way to remove hair from the arms? \_\_\_\_\_

4. What is the most preferred method to wax the hands? \_\_\_\_\_

5. Describe the American bikini wax:

\_\_\_\_\_  
\_\_\_\_\_

6. Describe a French bikini wax:

\_\_\_\_\_  
\_\_\_\_\_

7. Describe a Brazilian bikini wax:

\_\_\_\_\_

## **THE BRAZILIAN WAX PROCEDURE**

Fill in the missing steps for the Brazilian wax procedure

### **Procedure**

1. Wash hands and put on gloves and an apron.

2. Fold back disposable drape and cleanse area with an antiseptic cleanser.

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_

5. Have the client sanitize hands if she will be helping to stretch the skin.

6. Test the wax.

7. \_\_\_\_\_  
\_\_\_\_\_

8. \_\_\_\_\_

9. The femoral ridge is caused by a tendon on the inner thigh. This is an area that should not be waxed across in one pull.

10. \_\_\_\_\_  
\_\_\_\_\_

11. DO NOT DOUBLE DIP! After each application, discard the disposable applicator in the trash.

12. Remove the soft wax in the normal manner.
13. \_\_\_\_\_
14. Apply second application of soft wax.
15. \_\_\_\_\_
16. Apply first application to side closest to you.
17. \_\_\_\_\_
18. Apply soft wax to hair at the top of the pubis, avoiding where the hairs converge.
19. Application of soft wax on the pubis.
20. Removal of soft wax to hair on the pubis.
21. \_\_\_\_\_
22. \_\_\_\_\_
23. Remove hard wax on pubis.
24. Apply pre-wax oil to labia furthest away from you.
25. Apply hard wax to labia furthest away from you in small strips with a smaller applicator.
26. Remove hard wax from labia,
27. \_\_\_\_\_
28. Remove hard wax on labia closest to you.
29. \_\_\_\_\_  
\_\_\_\_\_
30. Apply soft wax downward with leg lifted.
31. Remove the wax upward removal with leg lifted.
32. Clients who have very little growth and the benefit of good mobility can assume the position shown.
33. Clients who have moderate to heavy growth and also poor mobility can assume the position in photo 38.
34. Clients who have moderate to heavy growth but good mobility can assume the position in photo 39.
35. \_\_\_\_\_



36. \_\_\_\_\_

37. Apply aftercare with a gauze square.

38. Give client post-care instructions

## **ADVANCED MALE WAXING**

1. List the areas where men usually get waxed:

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

2. List the two areas that male swimmers get waxed:

a. \_\_\_\_\_

b. \_\_\_\_\_

3. When providing services to transgender clients, you may find these situations awkward. How would you handle these clients? \_\_\_\_\_

\_\_\_\_\_

4. Describe an eyebrow wax for a man:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

5. In which direction should you wax a back? \_\_\_\_\_

\_\_\_\_\_

6. Explain how to wax a man's ears:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



---



---



---



---

## ELECTROLYSIS

Fill in the blanks in the following questions with the words from the word bank.

laser	chlorine	ionization	positive
reduction	vellus	sodium hydroxide	hydrogen
permanent hair removal	FDA	diathermy	lye
producing heat	terminal	oscillating radio high-frequency waves	papilla
direct current	electrocoagulation	follicle	
chemical	negative	dermal papilla	

- Electrolysis is currently the only proven method of \_\_\_\_\_ recognized by the \_\_\_\_\_, though it does now recognize that \_\_\_\_\_ hair removal offers permanent \_\_\_\_\_. Unlike laser hair removal, electrolysis can be performed successfully on all types of hair: blond, dark, gray, straight, curly, \_\_\_\_\_, or \_\_\_\_\_.
- Thermolysis, also called \_\_\_\_\_, is a method that uses \_\_\_\_\_ to produce \_\_\_\_\_. The high-frequency waves travel down the probe, and when the probe is placed in the \_\_\_\_\_ and surrounded by the moisture of the soft tissue cells, the water molecules of the soft tissue start to vibrate, \_\_\_\_\_. This heat causes tissue damage called \_\_\_\_\_ and can destroy the \_\_\_\_\_.
- Galvanic modality uses \_\_\_\_\_, which flows in one direction, from the \_\_\_\_\_ pole to the \_\_\_\_\_ pole. The client holds an electrode (e.g., a handheld metal rod) carrying a positive charge of electricity, and the probe, which is negatively charged, is inserted into the \_\_\_\_\_. The result is that the current flows from negative to positive and an electrolytic \_\_\_\_\_ action, called \_\_\_\_\_, occurs to form one molecule of \_\_\_\_\_ gas, one molecule of \_\_\_\_\_ gas, and two molecules of \_\_\_\_\_ (NaOH), also known as \_\_\_\_\_. It is the \_\_\_\_\_ that effectively decomposes the dermal \_\_\_\_\_.

## COMPARATIVE FACTS FOR LASER HAIR REMOVAL VERSUS ELECTROLYSIS

Fill in the missing comparative facts for laser hair removal versus electrolysis.

Laser Hair Removal	Electrolysis
Permanent _____, <i>not</i> _____ removal. <sup>1</sup>	_____ hair removal.
Not effective on hair lacking pigment, like gray or blond, or on vellus hair.	_____ _____
Not effective on _____ skin tones like Fitzpatrick _____.	Suitable for all skin tones.
Not a precise method, therefore not suitable for _____.	Selective, hair-by-hair method, perfect for _____ _____.
_____ _____	Perfect for finishing up the smaller percentage of regrowth hairs post laser.
Certain devices are more effective on hair and skin types than others. <sup>2</sup>	All electrolysis devices capable of three modalities: _____ _____; effectively treat all hair types.
_____ is required in most states.	No supervision is required.

## HAIR REMOVAL AND PLASTIC SURGERY

Describe the stages that a male has to go through to complete the transgender reassignment to female.

1. Emotional and psychological counseling: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Hormone replacement therapy (HRT): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Reassignment surgeries: \_\_\_\_\_

---

---

---

---

---

---

---

---