

CHAPTER **11**

TREATMENT OF THE HAIR
AND SCALP

MULTIPLE CHOICE

1. Follow-up conditioning treatments after the shampooing help to _____.
 - a. prevent and combat disorders
 - b. stimulate muscles
 - c. increase blood circulation
 - d. keep hair in a healthy and manageable condition_____

2. Shampooing the hair before cutting ensures that you are working with _____.
 - a. clean hair
 - b. practice and experience
 - c. your thumbs and fingers
 - d. even pressure and continuous synchronized movements_____

3. Shampoos are _____.
 - a. ointments
 - b. oil-in-water emulsions
 - c. creams
 - d. water-in-oil emulsions_____

4. What is the pH range for hair conditioners?
 - a. 2.0 to 4.5.
 - b. 3.0 to 5.5.
 - c. 4.5 to 7.5.
 - d. 6.0 to 8.5._____

5. Which of the following would be used to treat conditions requiring a medicinal product?
 - a. Shampoos.
 - b. Hair conditioners.
 - c. Finishing rinse.
 - d. Scalp conditioners._____

6. _____ moisturize the hair and help to restore some of the oils and/or proteins.
 - a. Scalp conditioners
 - b. Permanents
 - c. Hair conditioners
 - d. Shampoos_____

7. Wet hair has a tendency to stick to what type of capes?
 - a. Nylon.
 - b. Vinyl.
 - c. Synthetic material.
 - d. Terry cloth._____

8. What type of barbering service requires either a neck strip or a cloth towel placed under and then folded over the neckband of the cape?
a. Mustache/beard trim. **c.** Chemical. _____
b. Shave. **d.** Shampoo. _____
9. One important guideline that applies to all draping methods is to _____.
a. always have a cloth towel under the cape
b. ask the client to remove delicate clothing
c. wash your hands
d. turn the client's collar to the outside if applicable _____
10. If a _____ service precedes the haircut, replace the vinyl cape and towel with a nylon cape and neck strip.
a. shampoo **c.** chemical _____
b. shave **d.** mustache/beard trim _____
11. Which of the following is a basic consideration for performing a shampoo service?
a. Proper shampoo selection.
b. Proper scalp treatments.
c. Proper hygienic practices.
d. Proper body positioning of the barber. _____
12. The _____ shampoo bowl is a freestanding unit that allows the barber to stand in back of the client's head.
a. inclined **c.** reclined _____
b. European-style **d.** standard _____
13. What shampooing method would require the client to bend his head forward over the shampoo bowl or sink?
a. Reclined. **c.** Inclined. _____
b. Scalp massage. **d.** Draping. _____
14. Some wheelchairs can be positioned comfortably at the shampoo bowl, while others may require the client to use the _____ shampooing method.
a. safety **c.** special needs _____
b. inclined **d.** reclined _____

15. To prevent muscle aches, back strain, and fatigue, it is important that you maintain _____ at the shampoo bowl.
- a. good posture
 - b. compliance with state barber laws
 - c. barber rules and regulations
 - d. proper positioning of the client
- _____
16. Hot water can cause the scalp to _____.
- a. become more flexible
 - b. reduce the lathering of shampoos
 - c. become oily
 - d. flake or become dry
- _____
17. Which of the following is *not* a characteristic of hair that should be considered before choosing products?
- a. Condition.
 - b. Texture.
 - c. Color.
 - d. Density.
- _____
18. A common reason that a client might find fault with the shampoo service could be _____.
- a. extreme water temperatures
 - b. wetting or soiling the draping
 - c. insufficient scraping of the client's scalp
 - d. extreme scalp massage
- _____
19. What type of hair may require a humectant-rich moisturizing conditioner to increase manageability?
- a. Chemically treated.
 - b. Dry, coarse.
 - c. Oily.
 - d. Fine, brittle.
- _____
20. _____ conditioners can weigh down fine hair, leaving it flat or oily.
- a. Light leave-in
 - b. Scalp
 - c. Cuticle-coating
 - d. Spray-on
- _____
21. What type of massage manipulation movement uses the thumbs and/or fingertips to produce overlapping circular movements?
- a. Rotary movement.
 - b. Back and forth movement.
 - c. Sliding movement.
 - d. Firm pressure movement.
- _____

22. Massage manipulations should be _____.
 a. performed with unsynchronized movements
 b. performed with intensity
 c. performed once a week
 d. slow and rhythmic _____
23. Where do massage manipulations performed during a shampoo or scalp treatment start?
 a. Hairline. c. Top of the head.
 b. Nape of the neck. d. Back of the head. _____
24. Oily scalp and hair is most often caused by _____.
 a. the fungus malassezia
 b. overactive sebaceous glands
 c. inactivity of the oil glands
 d. poor blood circulation to the scalp _____
25. Which of the following is effective in preparing the scalp for scalp massage manipulations and treatments?
 a. Hair tonic. c. Scalp steam.
 b. Electric massager. d. Hand massager. _____
26. Scalp steamers, steam towels, vibrators, and scalp manipulations may all be used with _____.
 a. protein treatments
 b. leave-in conditioners
 c. gentle cleansing shampoos
 d. hair tonics _____
27. Which of the following is the term used to describe abnormal hair loss?
 a. Pediculosis capitis. c. Malassezia.
 b. Alopecia. d. Dandruff. _____
28. If abrasions or lesions are present, you should not recommend what type of service?
 a. Haircutting.
 b. Shampoo massage.
 c. Powder shampoo application.
 d. Scalp steam. _____