

CHAPTER 11 TREATMENT OF THE HAIR AND SCALP

LEARNING OBJECTIVES

After completing this chapter, you will be able to:

- LO 1 Discuss the benefits of a shampoo service.
- LO 2 Select products for different hair types and textures.
- LO 3 Describe proper draping procedures for various services.
- LO 4 Identify basic considerations for performing a shampoo service.
- LO 5 Describe two shampooing methods.
- LO 6 Discuss reasons why a client may find fault with a shampoo service.
- LO 7 Describe scalp massage manipulations and techniques.
- LO 8 Explain services that may be included in a hair or scalp treatment.

Introduction

Fill-in-the-Blank

- 1 The treatment of the hair and scalp includes _____, _____, _____, and special treatments for hair and scalp conditions.
- 2 When performed correctly, barbering services are _____.

Why Study Treatment of the Hair and Scalp?

Short Answer

- 3 List the reasons why studying treatment of the hair and scalp is important for a barber.

a. _____

b. _____

c. _____

Not For Sale

Discuss the Shampoo Service

- LO 1** Discuss the benefits of a shampoo service.
- LO 2** Select products for different hair types and textures.

Review Shampoos and Conditioners

Fill-in-the-Blank

- 4 The purpose of a shampoo product and service is to _____ the scalp and hair.
- 5 Since shampoos do not contain the harsh _____ found in soaps and detergents, they leave the hair in a more manageable condition.
- 6 Hair conditioners typically range from _____ on the pH scale.
- 7 Shampoos are _____ emulsions with a pH range of _____.
- 8 Fill in the table below with one product that best matches each combination of hair type and texture.

Hair Type	Hair Texture		
	Fine	Medium	Coarse
Straight			
Wavy, curly, extremely curly			
Dry and damaged			

Know How to Drape

LO 3 Describe proper draping procedures for various services.

Fill-in-the-Blank

9 _____ capes are waterproof drapes made of vinyl that are used to protect the client's skin and clothing from water, liquids, and chemical processes.

10 _____ capes are made of nylon or other synthetic materials.

Learn Draping Methods

Short Answer

11 Describe the draping procedures for the following services.

a. Chemical service:

b. Shampoo service:

c. Mustache/beard trim service:

d. Haircut service:

Understand the Shampoo Service

- LO 4** Identify basic considerations for performing a shampoo service.
- LO 5** Describe two shampooing methods.
- LO 6** Discuss reasons why a client may find fault with a shampoo service.

Short Answer/Fill-in-the-Blank

12 List the basic considerations for performing a shampoo service.

- a. _____

- b. _____

- c. _____

13 Typically, the barber stands _____ the client and shampoo bowl when performing the shampoo.

Describe Two Methods of Shampooing and Rinsing

Fill-in-the-Blank

- 14** The _____ method of shampooing is favored because it is more comfortable for the client and permits greater speed and efficiency by the barber.
- 15** Write the correct shampoo method in the blank for the images below.



a. _____



b. _____

Shampooing Clients with Special Needs

Short Answer/Fill-in-the-Blank/Matching

16 Good posture at the shampoo sink helps to prevent muscle aches, back strain, and fatigue. List four suggestions to help maintain a good posture while shampooing.

- a. _____

- b. _____

- c. _____

- d. _____

17 Complete the list of reasons a client may find fault with a shampoo service.

- Improper _____ selection
- _____ scalp massage
- _____ water temperatures
- Shampoo or water that runs onto client's _____, _____, or _____
- _____ or soiling the client's clothing
- _____ or _____ the client's scalp
- Improper hair _____
- Insufficient cleansing and _____

18 Match the correct characteristic of the scalp and hair with its possible findings when analyzed.

- | | |
|--------------------------------------------------------------------|---------------------------|
| _____ Dry, oily, normal, and/or presence of abrasions or disorders | a. Hair density |
| _____ Dry, brittle, fragile, oily, normal, or chemically treated | b. Hair porosity |
| _____ Thin, medium, thick | c. Hair texture |
| _____ Fine, average, coarse | d. Hair condition |
| _____ Low (resistant), average (normal), high (overly porous) | e. Scalp condition |
| _____ Low (breaks easily), average (normal) | f. Hair elasticity |

19 Fill in the blanks to complete the steps used in the shampoo service.

1. _____ the client for the shampoo service.
2. _____ with the client about products, hair and scalp problems, or any questions the client has about his hair or scalp.

3. _____ the condition of the client's hair and scalp. Use _____ movement to lightly _____ the scalp to loosen epidermal scales, debris, and scalp tissues.
4. _____ the client for the shampoo service. _____ the client while draping the back of the cape over the back of the chair.
5. Saturate the hair with _____ water, protecting the _____ and _____ against splashes. _____ the head while saturating the nape and back sections.
6. Apply _____ to all parts of the scalp.
7. Starting at the _____ hairline, work along the sides toward the back and nape areas to massage and produce a _____. Use _____ movements over the entire head area to massage the scalp for several minutes. Repeat these movements over the top, side, and back sections several times.
8. Remove excess lather with a _____ of the palm from the front of the head to the back; _____ hair thoroughly with warm water using a moderate to strong spray.
9. Apply _____, massage through hair, and rinse thoroughly.
10. _____ the hair.
11. Raise the client to a _____ position and lightly _____ the hair; wipe the face and ears if necessary.
12. _____ the hair into position for cutting.

Learn about Scalp and Hair Treatments

- LO 7 Describe scalp massage manipulations and techniques.
- LO 8 Explain services that may be included in a hair or scalp treatment.

Explain Scalp Massage Manipulations

Multiple Choice

- 20 Which of the following is *not* an effect of a proper massage manipulation?
- | | |
|--------------------------|--------------------------|
| a. Increased blood flow. | c. Lower blood pressure. |
| b. Soothed nerves. | d. More flexible scalp. |
- 21 A scalp massage as part of a scalp treatment most often includes _____ massage movements.
- | | |
|-----------------------|---------------------|
| a. rotary and sliding | c. highly pressured |
| b. scratching | d. squeezing |

- 22 Massage manipulations should be _____.
- a. fast and short
 - b. slow and long
 - c. fast and rhythmic
 - d. slow and rhythmic
- 23 Which of the following does *not* help to stimulate muscles, nerves, and blood vessels in the scalp area?
- a. Length of the fingers.
 - b. Balls of the fingertips.
 - c. Cushions of the palms.
 - d. Tips of the fingernails.

Describe Scalp and Hair Treatments

Case Study/Short Answer

24 Explaining a Scalp Treatment

Clients often see a barber when they are having problems with their hair or scalp that they themselves cannot fix. However, they may be reluctant to have a service performed, especially if they do not know what is involved. Imagine that a client tells you that he is having problems with dry scalp and dandruff and wants treatment. Explain the service(s) you would perform to help relieve the client's condition.

25 What can be used for a scalp steam if a scalp steamer is unavailable?

26 Fill in the steps for a hair tonic treatment below.

1. _____
2. _____
3. _____
4. _____
5. _____

Word Review

Word Scramble

Unscramble each key term, using the provided definitions as clues.

pnigard _____

The term used to describe the covering of the client's clothing with a cape for sanitation and protection.

raih renoitidnoc _____

A product designed to moisturize the hair or restore some of the hair's oils or proteins.

apcls noitierdcno _____

A cream or ointment-based product used to soften or treat the scalp.

acpls atems _____

The process of using steam towels or a steaming unit to soften and open scalp pores.

maoposh _____

A hair and scalp cleansing product.